



Certified Coaching Professional

approved by International Coach Federation and HR Certification Institute

Is this program for you?

You are an experienced manager or a corporate HR and L&D professional. After performing roles successfully, if you now want to add coaching to your toolkit, **this program is for you.**

Effective Coaching completes Leadership development and delivers ROI.

With Coaching accessible at every level makes individuals and organisations resilient. Effective Coaching takes place in real-time, in real-life situations, on the job and is relevant to each individual and their particular needs.

Why take this Program?

- Program approved for HRCI credit: 16 HR General re-certification hrs towards PHR, SPHR & GPHR re-certification.
- Program approved by International Coach Federation for 18 hours of Coach Training and awards CCEUs certificate
- Curriculum based on International Coach Federation 11 core competencies and Skills
- Learn coaching from a **practicing ICF PCC coach** and get mentored for coaching competencies
- Use PEER model (Partner-Explore- Empower- Reach) of coaching to create measurable results.
- e-Courseware, Access to Learning resources and Coaching tools for immediate use and using with Clients



Program Contents

This program contents are based on ICF Eleven Core Coaching Competencies and adaptations from Globally successful Coaching Practices.

- Coaching as solution for Leadership development
- Components and Contexts of Coaching Agreements
- Essentials for Setting the Foundation for Coaching Engagement
- Mindset of an Effective Coach
- Coaching communication competencies
- Feedback vs. Feeding back data
- Exploring sources of data gathering and Analysis
- Techniques and Tools for Creating Awareness of Choices
- Setting Coaching Goals and converting them to Action Points
- Identification of Accountability partners and techniques

Program Credentials & Progression

This Program awards “Certified Coach Professional; 18 hours of Coach training certificate, on the successful completion of the program. To apply for ICF Coach credentialing process, the participants can sign up for further modules.

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Coach Instructor and Mentor Coach

Sukh Mishra is a **ICF credentialed PCC coach** and a Certified Coach by Marshall Goldsmith Stakeholder Centred Coach process. She’s passionate about coaching leaders and supporting organisations in their leadership development initiatives. She is a mentor coach for Coach training program, Coaching for Leading thro Change and founder of PEER Coaching India.